Reading for Recovery: Training Bibliotherapists in Hungary

Training Librarians

- Dating back to the late 1970's, LIS course books on reading skills already included chapters dedicated to bibliotherapy.
- Intermittent training has been offered in public and school libraries in cooperation with LIS departments, professional organizations, and other public-sector groups.
- An accredited, formal, 60-hour developmental bibliotherapy course is organized for librarians by the Hungarian Library Institute (Pest County Library).
- A 120-hour adult training course “Introduction to Literature Therapy” is hosted by the Petőfi Literary Museum.

Postgraduate Certification

- A special course of literature therapy at the School of Arts and Sciences, Eötvös Loránd University, Budapest
- A bibliotherapy seminar developed into a training program called “Bibliotraining” at the Pázmány Péter Catholic University, Budapest
- Accredited postgraduate university training program for bibliotherapists since the mid-2000s at the Pázmány Péter Catholic University, Budapest
- NEW: A one-year, advanced training program called “Developing personality by bibliotherapy” granting a university degree at the Kaposvár University since 2012
- NEW: A two-year advanced special training program granting a university degree at the University of Pécs, since 2014

Objectives

- Adequate coordination and regulation of theoretical and practical training
- Quality control of the work performed

Tale Therapy Centre

A special workshop for theoretical research and training on therapeutic storytelling as a method of psychotherapy.

“Metamorphoses” – a program of therapeutic fairytale and folk tale storytelling, a special field that became independent as a preventive and treatment method: meseterapia.hu.

Maria Palotai, PHD – Beatrix Kovacs, MLIS
AEEK National Health Science Library, Hungary